Home Blended Food for Tube Feeding: Printable Storage Labels

These storage labels can be printed or used as examples for what to include on the labels of home blended foods.

When storing your home blended foods in the fridge or freezer, try to include on the label:

- What the food is, or "item"
- Date the blend was made
- Date to use the blend by
 - Up to 2 days in the fridge
 - Up to 2 months in the freezer
- Date the blend was thawed, if frozen
- Date to use the blend by when thawed from frozen

peas.ahs.ca Developed by Registered Dietitians Nutrition Services and Pediatric Eating And Swallowing (PEAS)



Home Blended Food for Tube Feeding: Printable Storage Labels

© 2025 Alberta Health Services, Nutrition Services.

Page 1 of 2

Jan 2025

https://creativecommons.org/licenses/by-nc-nd/4.0

This material is intended for general information only and is provided on an "as is", "where is" basis. Although reasonable efforts were made to confirm the accuracy of the information, Alberta Health Services does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Alberta Health Services expressly disclaims all liability for the use of these materials, and for any claims, actions, demands, or suits arising from such use.

14	Deter
Item: Circle One: Freezer / Fridge	Date:
Thawed On:	-
>	
Item:	Date:
Circle One: Freezer / Fridge	-
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	-
	Date:
Circle One: Freezer / Fridge	-
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	-
ltem:	Date:
Circle One: Freezer / Fridge	
Thawed On:	-
	_ Озе Бу
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	-
>	
	Date:
Circle One: Freezer / Fridge	-
Thawed On:	
Item:	
Circle One: Freezer / Fridge	-
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	-
	Deter
	Date:
Circle One: Freezer / Fridge	-
Thawed On:	
	Date:
Circle One: Freezer / Fridge	-
Thawed On:	_ Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	-

Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	•
	. Use by
Item:	
Circle One: Freezer / Fridge	-
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	
Item:	
Circle One: Freezer / Fridge	
Thawed On:	. Use By: ,
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	
>	
Item:	
Circle One: Freezer / Fridge	
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	Use Bv:
Thawed On:	-
>	
Item:	
Circle One: Freezer / Fridge	-
Thawed On:	. Use By:
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	. Use By:
>	
Item:	
Circle One: Freezer / Fridge	
Thawed On:	. Use Dy
Item:	Date:
Circle One: Freezer / Fridge	Use By:
Thawed On:	Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	-
Item:	Date:
Circle One: Freezer / Fridge	•
Thawed On:	Use By:
Item:	Date:
Circle One: Freezer / Fridge	
Thawed On:	•